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Infertility among Women: An Emerging Bio Psychosocial Problem

Masarat Ali

Integrated Ph.D. Scholar, Department of Social Work University of Kashmir E-mail: bhatmasarat672008@gmail.com

Abstract—Infertility is a growing bio psychosocial problem. The population affected by the experience of infertility has increased dramatically in recent decades and is expected to continue to increase. Infertility has multiple cases and consequences depending on the gender, sexual history, life style, society, and cultural background of the people it affects.. Men and women are stigmatized and are likely to be discriminated against. Often the ill effects of childlessness are far more severe for women than they are for men. Infertility is a growing issue in Kashmir and has similar psychosocial impact as have observed elsewhere. Infertility rate in Kashmir is 15% which is alarming level. The contemporary understanding of infertility is too narrow. In the twentieth century, infertility has come to be defined almost exclusively as a medical condition however psychological and social needs are not adequately addressed within the framework of such a medical model. A deeper understanding of infertility in contemporary society is an emerging need which can help in guiding future public policy and determine directions for effective social work practice. In this regard the present study aims to explore the various dimensions of infertility in terms of medical, psychological, social; aspects in Kashmir.

Keywords: Infertility, Women, emerging, bio psychosocial, problem.